

## **ECNP Research Internship**

**By Dr.Gamze Erzin**

**Host:** Prof. Stefan Leucht, Dept. of Psychiatry and Psychotherapy, Klinikum rechts der Isar, Technische Universität München, Munich, Germany

It was a great privilege for me to spend two weeks as an intern in the Department of Psychiatry and Psychotherapy, Section of Evidence-Based Medicine.

Although the duration of the internship was only two weeks, I had met Prof. Leucht one year ago before going to Munich and we started working together. He invited me to become involved in their project and I gained the knowledge about how to perform a meta-analysis'. We had many online meetings and during this time I was a part of their international project and learned the abstract screening and data extraction phases for the meta-analysis.

After going to Munich, I attended their routine weekly meetings, and had the chance to merge my area of research interest and meta-analysis. I met Prof. Leucht's amazing international research team (Prof. Leucht has a big team including people from China, Italy, Greece, etc.). Meeting researchers from different countries was an especially rewarding experience for me. In the first week, they introduced me to their project and their study methods. They were willing to inform me of their studies and I learned which program is the best for doing meta-analysis and systematic reviews. The scientists – Natalie Peter, Spyridon Sifis, Johannes Schneider, Irene Bighellii, Angelika Kapfhammer, Leila Darwish, Shimeng Dong, Hui Wu, Dongfang Wang, Carolin Lorenz were extremely kind and always ready to answer my questions; they also know how to make good espresso! Natalie was especially helpful in guiding me through all the processes from the first to the last day. I had the opportunity to learn not only about meta-analysis, but also the details of good teamwork with organized and efficient work. It was great to be with a team that enjoyed working and had fun together. We went to dinner together under the leadership of Prof. Leucht, and although it could not be celebrated in Bavaria this year due to the COVID-19 pandemic, we had the opportunity to celebrate Oktoberfest with the traditional dishes of Munich.

Thanks to this program, Prof. Leucht, and his team, I have gained a new academic perspective.

Our next plan is that we will work with Prof. Leucht on a new project, and we will stay in touch. For me, Prof. Leucht is a scientist I would always like to work with and would be honored to be a part of his team. A huge thank you to ECNP for giving me this opportunity so that I was able to meet this amazing team.

**Gamze Erzin**